



Mentor biography:

Name: Hortencia Lemus

Education level: Master in Education

Areas of expertise: Early Childhood and Children with Disabilities

Number of years in the early care and education field: 16 years

Regions in which I would like to mentor/coach: Region 3 and 4

What mentor/coaching means to me:

Mentor/coaching to me is the opportunity to share my experience and skills with someone who is starting in the field of working with children. I have been working in this field for the last sixteen years and have enjoyed it tremendously. Children are our future and providing them with lots of rich and learning opportunities when they are young will help them as they grow-up and be part of society.

I feel that a mentor/coach is someone who observes, listens and asks questions to understand the apprentice situation or where they are coming from. A mentor/coach is someone who supports the apprentice situation or where they are coming from. A mentor/coach is someone who supports the apprentice in setting appropriate goals and methods of assessing progress in relation to their goals. Mentor/Coach is someone who respects the apprentice unconditionally at all times by being supportive and non-judgmental of whom they are. As a mentor/coach, I feel that it is my role to be a facilitator, counselor, trainer and a resource person for the apprentice. My role is to encourage the apprentice develop and improve personal competencies so that they can succeed on their own and create a personal growth.

As a mentor/coach I not only get to share my expertise with others but I get the opportunity to learn from others too. It is a learning process on both sides and I welcome that.